

# chattavore

CHICKPEA SALAD (ADAPTED FROM OH SHE GLOWS)

Prep Time: 10 minutes

Yield: 8 1/4-cup servings

- 2 cups chickpeas, drained
- 1 small to medium shallot, finely minced
- 2 tablespoons plain yogurt
- 1 tablespoon mayonnaise
- 2 tablespoons dill or sweet relish
- 2 tablespoons chopped fresh parsley
- salt and pepper, to taste

1. Place the chickpeas in a large bowl and use a fork to mash them. This takes a few minutes, so be patient and keep working at it!
2. Add the shallot, yogurt, mayo, relish, and parsley and mix until thoroughly combined.
3. Salt and pepper to taste. Serve on sandwiches or with crackers.

## Notes

To make this a vegan dish, use Veganaise and non-dairy yogurt in place of the mayonnaise and yogurt.