

chattavore

Sloppy Joes

Serves 6

Prep time: 5 minutes

Cook Time: 15 minutes

- 1 tablespoon olive oil, canola oil, or vegetable oil
- 1/2 medium onion, chopped
- 1 1/2 pounds ground beef
- 1/2 cup water
- 1/2 cup ketchup
- 1/2 cup chili sauce
- 1 tablespoon chili powder
- 1 tablespoon Worcestershire sauce
- 1 teaspoon garlic powder
- salt and pepper
- 6 small hamburger buns (I like potato rolls)

1. Preheat the oil in a 10-inch skillet over medium heat. Add the onion and cook until it starts to soften.
2. Add the ground beef. Cook and stir until the meat is completely browned. Drain the fat.
3. Stir the remaining ingredients into the meat. Cook and stir until the sauce reduces and thickens slightly.
4. Divide the meat among the buns and serve immediately.